

# Woodlane Ishinryu Karate

## Code of Conduct

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### Code of Conduct

(Effective from 31<sup>st</sup> August 2025)

#### 1. Introduction

This Code of Conduct sets out the standards of behaviour expected from all members, instructors, volunteers, parents, and visitors involved with **Woodlane Ishinryu Karate**. It applies to all club activities, whether on or off the Dojo premises.

Our club is committed to providing a safe, respectful, and inclusive environment where everyone can enjoy and benefit from the practice of Karate. We expect everyone to uphold the values of integrity, respect, discipline, and perseverance.

#### 2. General Behaviour

All members and participants are expected to:

- Treat everyone with dignity and respect regardless of age, ability, race, religion, or background.
- Promote a positive, supportive atmosphere.
- Refrain from any form of bullying, harassment, or discrimination.
- Use appropriate language and behaviour at all times.
- Follow the instructions of instructors promptly and respectfully.

#### 3. Dojo Etiquette

Members must:

- Arrive on time and with the correct, clean uniform (Gi with badges) and belt.
- Bow respectfully when entering and leaving the Dojo.
- Address instructors as "Sensei."
- Maintain cleanliness and personal hygiene.
- Remove shoes before entering the training area.
- Keep fingernails and toenails short to avoid injury.
- Refrain from eating, drinking (except water), or chewing gum in the Dojo.

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### 4. Training Conduct

During training, members must:

- Train safely and within their limits.
- Respect training partners and control techniques appropriately.
- Avoid aggressive or reckless behaviour.
- Listen attentively and avoid unnecessary talking.
- Seek help if unsure about any technique or instruction.

### 5. Parents and Guardians

Parents/guardians are asked to:

- Support their child's involvement in a positive manner.
- Encourage fair play and discipline.
- Avoid coaching or distracting children during training.
- Communicate concerns directly with instructors at an appropriate time.
- Ensure children arrive and are collected promptly.

### 6. Instructors and Volunteers

Instructors and volunteers will:

- Adhere to all safeguarding policies and procedures.
- Provide a positive role model through conduct and appearance.
- Plan and deliver sessions with care, ensuring all members are included and challenged appropriately.
- Maintain up-to-date qualifications and DBS checks where applicable.
- Promote safety, welfare, and equality at all times.

### 7. Competitions and Events

Members attending courses or competitions must:

- Represent the club with pride and uphold its values.
- Respect all officials, opponents, and event staff.
- Follow the rules and spirit of Karate competition.
- Wear the correct attire and maintain sportsmanlike conduct throughout.

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### 8. Breaches of Conduct

Breaches of this Code of Conduct may result in:

- Verbal or written warnings.
- Temporary or permanent suspension from training.
- Referral to relevant sports, or legal bodies, where appropriate.

All incidents will be dealt with fairly and in line with the club's disciplinary and safeguarding procedures.

### 9. Agreement

By joining or participating in **Woodlane Ishinryu Karate**, all members and associated individuals agree to abide by this Code of Conduct.